



**NATIONAL  
WILDLIFE  
FEDERATION**















**Garden  
for  
Wildlife™**

## Plant List Recommendations for Monarch Gardens Communities near Portland, OR

This area is located in the [Marine West Coast Forests](#) ecoregion.

The following plant recommendations can be used to achieve the 80% native plant requirement to obtain Monarch Garden Certification.



















Plant Category	Common Name Scientific Name	Bloom Time	Bloom Color	Height	Spread	Light Conditions	Cover	Host	Nectar/ Pollen	Wildlife Value
<b>Milkweed *Required</b>	<i>Asclepias speciosa</i> Showy Milkweed	summer- fall	pink/ green/ purple	2-4'	1-2'			✓	✓	
<b>Flowering Perennials</b>	<i>Achillea millefolium</i> Common White Yarrow	spring- summer	white	1-4'	2'			✓	✓	
	<i>Anaphalis margaritacea</i> Pearly Everlasting	summer- fall	white	1-3'	18-24"			✓	✓	
	<i>Clarkia amoena</i> Farewell-to-Spring (annual)	summer	pink	2'	1'				✓	
	<i>Dichelostemma capitatum</i> Bluedicks	spring- summer	purple/ blue	1-2'	1'				✓	
	<i>Erigeron speciosus</i> Showy Fleabane	summer	purple	1.5-2'	2'			✓	✓	
	<i>Eriogonum compositum</i> Arrowleaf Buckwheat	summer	yellow	0.5-4'	1'			✓	✓	

<i>Eschscholzia californica</i> California Poppy (annual or perennial)	spring	orange	1.5'	1-2'			✓	✓	
<i>Fragaria sp.</i> Woodland, Wild, and Coastal Strawberry	spring	white	0.5'	1'			✓	✓	
<i>Gilia capitata</i> Bluehead Gilia (annual or perennial)	spring	blue	1-3'	1'				✓	
<i>Lilium columbianum</i> Tiger Lily	summer	orange/ maroon	3-4'	1'				✓	
<i>Lupinus sp. (polyphyllus, rivularis)</i> Large-leaved and Riverbank Lupine	spring- summer	purple/ blue	3-4'	1-3'			✓	✓	
<i>Penstemon serrulatus</i> Cascades penstemon	summer	purple	1-3'	1'			✓	✓	
<i>Sisyrinchium bellum</i> Western Blue-eyed Grass	spring- summer	blue	1'	1'				✓	
<i>Solidago elongata</i> Rough Canada Goldenrod	summer- fall	yellow	2-5'	2-3'			✓	✓	
<i>Symphyotrichum subspicatum</i> Douglas' Aster	summer- fall	purple	1-4'	2'				✓	
<i>Viola sp. (adunca, glabella)</i> Early Blue and Stream Violet	spring- summer	purple/ yellow	0.5-1'	0.5- 1.5'			✓	✓	
<i>Wyethia angustifolia</i> California Compassplant	spring- summer	yellow	3'	1-3'			✓	✓	

Ferns and Fern-Allies	<i>Athyrium filix-femina</i> Lady Fern	n/a	n/a	4'	2'		✓	✓		
	<i>Polypodium glycyrrhiza</i> Licorice Fern	n/a	n/a	1'	1'		✓			
	<i>Polystichum munitum</i> Pineland Sword Fern	n/a	n/a	2-5'	2-4'		✓	✓		
Shrubs	<i>Amelanchier alnifolia</i> Serviceberry	spring-summer	white	3-26'	10'			✓	✓	
	<i>Arctostaphylos uva-ursi</i> Kinnikinnick	spring	white/pink	0.2-0.5'	2-15'			✓	✓	
	<i>Ceanothus sp. (velutinus var. laevigatus, sanguineus)</i> Snowbrush and Oregon Tea Tree/ Redstem Ceanothus	spring-summer	white	8-10'	3-12'			✓	✓	
	<i>Cornus alba</i> Red Osier Dogwood	spring	white	15'	6-9'			✓	✓	
	<i>Gaultheria shallon</i> Salal	spring-summer	white/pink	1.5-10'	1-5'			✓	✓	
	<i>Holodiscus discolor</i> Oceanspray	summer	white	15'	12'			✓	✓	
	<i>Linnaea borealis spp. longiflora</i> Western Twinflower	summer	pink	0.5'	2'				✓	
	<i>Lonicera involucrata</i> Four-line Honeysuckle	spring-summer	yellow/red	3-10'	4-10'			✓	✓	
	<i>Mahonia sp. (aquifolium, nervosa)</i> Oregon Grape	spring-summer	yellow	2-8'	2-8'		✓	✓	✓	

<i>Oemleria cerasiformis</i> Indian Plum	spring	white	15'	5-10'			✓	✓	
<i>Paxistima myrsinites</i> Oregon Boxwood	spring-summer	maroon	3'	3'		✓	✓	✓	
<i>Philadelphus lewisii</i> Lewis' Mock Orange	spring-summer	white	6-10'	4-10'			✓	✓	
<i>Physocarpus capitatus</i> Pacific Ninebark	spring-summer	white	8-12'	4-7'			✓	✓	
<i>Ribes sanguineum</i> Red Flowering Currant	spring	white/ pink/ red	3-12'	3-10'			✓	✓	
<i>Rosa sp. (gymnocarpa, nutkana, pisocarpa)</i> Rose- Dwarf, Nootka, Cluster/ Swamp Rose	spring-summer	pink	5-10'	2-8'			✓	✓	
<i>Rubus sp. (parviflorus, spectabilis, leucodermis)</i> Thimbleberry, Salmonberry, and White-Stem Raspberry	spring-summer	white/ pink	4-10'	4-10'			✓	✓	
<i>Sambucus cerulea</i> Blue Elderberry	spring-summer	white	30'	18'				✓	
<i>Spiraea douglasii</i> Douglas' Meadowsweet	summer	pink	3-6'	3-7'			✓	✓	
<i>Symphoricarpus albus</i> Snowberry	spring-summer	white/ pink	1.5-5'	6-13'			✓	✓	
<i>Vaccinium ovatum</i> Evergreen Huckleberry	spring	pink	4-8'	3-6'		✓	✓	✓	
<i>Vaccinium parvifolium</i> Red Huckleberry	spring-summer	cream	8-10'	6'			✓	✓	

Trees	<i>Abies grandis</i> Grand Fir	spring	green/ purple	150'	40'		✓	✓		
	<i>Acer circinatum</i> Vine Maple	spring	green/ white	10-25'	15-20'			✓	✓	
	<i>Acer macrophyllum</i> Bigleaf Maple	spring	green/ yellow	100'	80'			✓	✓	
	<i>Alnus rubra</i> Red Alder	spring	red	90'	30-40'			✓		
	<i>Cornus nuttallii</i> Pacific Dogwood	spring	white	15-75'	20-25'			✓	✓	
	<i>Corylus cornuta</i> Beaked Hazelnut	winter- spring	yellow	2-14'	10-20'			✓		
	<i>Crataegus douglasii</i> Black Hawthorn	spring	white	12-25'	12-20'		✓	✓	✓	
	<i>Frangula (Rhamnus) purshiana</i> Cascara Buckthorn	spring	white	35'	20'			✓	✓	
	<i>Fraxinus latifolia</i> Oregon Ash	spring	green	70'	25'			✓		
	<i>Malus fusca</i> Western Crabapple	spring	white	40'	20'			✓	✓	
	<i>Pinus contorta var. contorta</i> Shore Pine	spring- summer	yellow	99'	30'			✓	✓	

	<i>Populus tremuloides</i> Quaking Aspen	spring	blue	65'	20-25'			✓	✓	
	<i>Prunus emarginatus</i> Bitter Cherry	spring	white	50'	30'			✓		
	<i>Pseudotsuga menziesii</i> Douglas Fir	spring	yellow	300'	30'		✓	✓		
	<i>Quercus garryana</i> Oregon White Oak	spring	yellow	80'	30-60'			✓		
	<i>Salix sp.</i> Willow	spring	yellow/ white	40'	40'			✓	✓	
	<i>Thuja plicata</i> Western Red Cedar	spring	red/ purple	150'	50'		✓	✓		
	<i>Tsuga heterophylla</i> Western Hemlock	spring	purple	120- 160'	30-40'		✓	✓		
<b>Grasses/ Grass-like</b>	<i>Deschampsia cespitosa</i> Tufted Hairgrass	summer	yellow	5'	1-2'			✓		
	<i>Juncus sp. (effusus, ensifolius, patens)</i> Pacific, Dagger-leaf, and Spreading Blue Rush	spring- summer	green/ brown	1-3'	1-4'			✓		

**Additional Resources:**

NWF Native Plant Finder Host Plants for Butterfly and Moth Caterpillars: [Marine West Coast Forests](#)

Monarch Nectar Plant Guide: [Maritime Northwest](#)

[The Biota of North America Taxonomic Data Center Query Page](#)

[Ecoregional Revegetation Application \(ERA\)](#)











Oregon Metro's [Native Plants for Willamette Valley Yards](#)

Oregon Flora's [Grow Natives Tool](#)

Native Plant Society of Oregon [Landscaping Guidance](#)

Lady Bird Johnson Wildflower Center's [Oregon Collection](#)

**Key to Wildlife Details:**

	<b>Plant provides place for wildlife to rest or nest, often evergreen leaves or needles</b>		<b>Keystone species supporting butterflies, moths, and/or pollinator specialist bees critical to maintaining a healthy ecosystem</b>
	<b>Host plant to butterfly and/or moth species supporting their caterpillars</b>		<b>Foliage eaten by butterfly and/or moth caterpillars as food source necessary for survival</b>
	<b>Plant provides nectar and/or pollen as a food source</b>		<b>Nectar used by adult butterflies and/or moths</b>
	<b>Tolerates full sun 6+ hours of sun</b>		<b>Pollen used by bees</b>
	<b>Tolerates part shade 2-6 hours of sun</b>		<b>Nectar used by hummingbirds</b>
	<b>Tolerates full shade &lt;2 hours of sun</b>		<b>Seeds or fruits used by birds and/or plant provides nesting or cover to birds</b>
			<b>Seeds or fruits used by small mammals</b>