



**NATIONAL
WILDLIFE
FEDERATION**



















**Garden
for
Wildlife™**

Plant List Recommendations for Monarch Gardens Communities near Sacramento






















This area is located in the Central California Valley ecoregion of [Mediterranean California](#).


The following plant recommendations can be used to achieve the 80% native plant requirement to obtain Monarch Garden Certification.

Plant Category	Common Name Scientific Name	Bloom Time	Bloom Color	Height	Spread	Light Conditions	Cover	Host	Nectar/ Pollen	Wildlife Value
Milkweed *Required	<i>Asclepias fascicularis</i> Narrowleaf Milkweed	summer- fall	white/ lavender	1.5-3.5'	1'			✓	✓	
	<i>Asclepias speciosa</i> Showy Milkweed	summer	white/ pink/ lavender	4-6'	4'			✓	✓	
Flowering Perennials	<i>Achillea millefolium</i> Common Yarrow	spring- summer	yellow/ white	1-3'	2'			✓	✓	
	<i>Acmispon glaber</i> Deerweed	winter- summer	yellow	1.5-3'	3'			✓	✓	
	<i>Clarkia purpurea</i> Purple Clarkia (annual)	spring- summer	purple/ lavender / pink	0.5-3'	1'			✓	✓	
	<i>Dichelostemma capitatum</i> Bluedicks	winter- spring	lavender /blue	1-2'	<0.5'				✓	
	<i>Epilobium canum</i> California Fuschia	summer- fall	red	1-2'	2-3'			✓	✓	

<i>Escholzia californica</i> California Poppy (often annual)	winter- fall	orange/ yellow	0.5-2'	1-2'			✓	✓	
<i>Euthamia occidentalis</i> Western Goldentop	summer- fall	yellow	3-7'	3-4'			✓	✓	
<i>Gilia capitata</i> Globe gilia (annual)	winter- spring	blue/ lavender / pink	0.5-3'	1'			✓	✓	
<i>Gnaphalium californicum</i> (<i>Pseudognaphalium</i>) California Cudweed	winter- summer	cream/ white	0.5-3'	2'			✓	✓	
<i>Grindelia camporum</i> Great Valley Gumweed	spring- fall	yellow	2-7'	3'			✓	✓	
<i>Helianthus sp. (H. annuus, H. bolanderi, H. californicus)</i> Sunflower – Common, Serpentine, California (annual or perennial)	summer- fall	yellow/ orange/ brown	3-11'	1-2'			✓	✓	
<i>Lupinus sp. (L. bicolor, L. formosus)</i> Lupine – Miniature, Summer (annual or perennial)	summer- fall	purple/ blue/ white/ lavender	<0.5- 2.5'	1'			✓	✓	
<i>Monardella villosa</i> Coyote Mint	summer	pink/ lavender	2'	3'			✓	✓	
<i>Oenothera elata</i> Hooker's Evening Primrose	summer- fall	yellow	5'	3'			✓	✓	
<i>Phacelia ciliata</i> Great Valley Phacelia (annual)	winter- spring	pink	0.5-2'	1'			✓	✓	
<i>Ranunculus californicus</i> California Buttercup	winter- spring	yellow	0.5-3'	0.5'			✓	✓	

	<i>Salvia sonomensis</i> Sonoma Sage	spring- summer	blue/ lavender / purple	1-1.5'	5-15'			✓	✓	
	<i>Sisyrinchium bellum</i> Blue Eyed Grass	winter- spring	purple/ blue	1-2'	1'				✓	
	<i>Solidago californica</i> (<i>S. velutina</i> ssp. <i>californica</i>) California Goldenrod	summer- fall	yellow	1.5-5'	1-4'			✓	✓	
	<i>Symphotrichum chilense</i> Pacific/ California Aster	summer	lavender / yellow	2-3'	2-3'			✓	✓	
	<i>Verbena lasiostachys</i> Western Vervain	spring- fall	lavender / purple	1-3'	3'			✓	✓	
Vines	<i>Aristolochia californica</i> Dutchmans Pipe	winter- spring	cream/ purple	1-20'	5'			✓	✓	
	<i>Clematis ligusticifolia</i> Western White Clematis/ Virgin's Bower	spring- summer	white	1-30'	2-6'			✓	✓	
	<i>Vitis californica</i> California Grape	spring	cream/ green	10-40'	1'			✓	✓	
Shrubs	<i>Adenostoma fasciculatum</i> Chamise	spring- summer	white	2-13'	1-8'		✓	✓	✓	
	<i>Arctostaphylos manzanita</i> Common Manzanita	winter- spring	white/ green	6-20'	10'		✓	✓	✓	
	<i>Artemisia douglasiana</i> Douglas' Sagebrush	spring- fall	cream/ white/ yellow	8'	4'			✓	✓	
	<i>Baccharis pilularis</i> Coyote Bush	winter- fall	white/ yellow	2-10'	12'		✓	✓	✓	

<i>Baccharis salicifolia</i> Mulefat	winter-fall	pink/white	6-12'	3-9'			✓	✓	
<i>Ceanothus cuneatus</i> Buckbrush	winter-summer	white	5-12'	5-12'		✓	✓	✓	
<i>Cephalanthus occidentalis</i> Buttonbush	summer-fall	white/cream	3-20'	3-15'			✓	✓	
<i>Cornus sericea</i> Creek Dogwood	summer	white/purple/red	4-13'	9-15'			✓	✓	
<i>Eriogonum nudum</i> Nude Buckwheat	spring-summer	pink/white/yellow	0.5-1'	<1'			✓	✓	
<i>Frangula californica</i> (<i>Rhamnus californica</i>) California Buckthorn	spring-summer	cream/green	6-15'	5-15'		✓	✓	✓	
<i>Heteromeles arbutifolia</i> Toyon	summer	white	5-16'	10-15'		✓	✓	✓	
<i>Lupinus albifrons</i> Silver Lupine	winter-summer	purple/lavender	3-5'	2-3'		✓	✓	✓	
<i>Mahonia repens</i> Oregon Grape/ Creeping Mahonia	spring-summer	yellow	1-3'	0.75-1.5'		✓	✓	✓	
<i>Rhamnus crocea</i> Spiny Redberry	winter-spring	white/cream/yellow	3-7'	7'		✓	✓	✓	
<i>Rosa californica</i> California Wildrose	spring-summer	pink	8-10'	10'			✓	✓	

	<i>Rubus ursinus</i> Pacific Blackberry	winter- spring	white	2-6'	6'			✓	✓	
	<i>Sambucus nigra</i> Black Elderberry	spring	white/ cream	15-25'	10-20'			✓	✓	
Trees	<i>Acer negundo</i> Box Elder	winter- spring	white/ cream	35-65'	40'			✓	✓	
	<i>Aesculus californica</i> California Buckeye	spring- summer	white/ cream	15-40'	40'			✓	✓	
	<i>Alnus rhombifolia</i> White Alder	fall	green	50-80'	35'			✓		
	<i>Cercis occidentalis</i> Southwestern Redbud	spring	pink	8-18'	6-8'				✓	
	<i>Fraxinus latifolia</i> Oregon Ash	spring	green	35-80'	30'			✓		
	<i>Juglans hindsii</i> Northern California Black Walnut	spring	white/ green	60'	30-60'			✓		
	<i>Pinus sabiniana</i> Foothill Pine	winter- spring	yellow	20-80'	20-40'		✓	✓		
	<i>Platanus racemosa</i> Western Sycamore	winter- spring	yellow/ orange	20-115'	50'			✓	✓	
	<i>Populus fremontii</i> Fremont Cottonwood	spring	white/ cream	40-90'	35'			✓	✓	

	<i>Quercus sp.</i> (<i>Q. douglasii</i> , <i>Q. lobata</i> , <i>Q. wislizeni</i>) Oak - Blue, Valley, Interior Live	winter- spring	cream/ yellow/ green	15-100'	10-50'		✓	✓		
	<i>Salix laevigata</i> Red Willow	winter- spring	cream/ yellow	30-50'	30-50'			✓	✓	
Grasses/ Grass-like	<i>Bromus carinatus</i> California Brome Grass	spring	yellow	1-5'	1'			✓		
	<i>Carex barbarae</i> Valley Sedge	summer	cream/ red/ purple	1-4'	3'		✓	✓		
	<i>Carex praegracilis</i> Clustered Field Sedge	spring	green	2-4'	4'		✓	✓		
	<i>Festuca rubra</i> Red Fescue	spring	yellow	1.5-2.5'	1-2'			✓		
	<i>Hordeum brachyantherum</i> Meadow Barley	summer	yellow/ purple	2-3.5'	2'			✓		
	<i>Melica californica</i> California Melicgrass	summer	yellow/ green/ purple	1-4.5'	1'			✓		
	<i>Muhlenbergia rigens</i> Deergrass	spring	yellow	4.5'	2-3'		✓			
	<i>Poa secunda</i> One Sided Blue Grass	spring	yellow	1-4'	2'			✓		
	<i>Stipa pulchra</i> Purple Needlegrass	spring	green/ cream purple/ red	1-4'	2'		✓	✓		

Additional Resources:

NWF Native Plant Finder Host Plants for Butterfly and Moth Caterpillars:

[Mediterranean California](#)

Calflora <https://www.calflora.org/>

Calscape (California Native Plant Society) <https://calscape.org>

California Native Plant Society <https://www.cnps.org/>

Monarch Nectar Plant Guide: [Inland California](#)












Monarch Nectar Plant Guide: [California Coast](#)

[Ecoregional Revegetation Application \(ERA\)](#)

[The Biota of North America Taxonomic Data Center Query Page](#)

Lady Bird Johnson Wildflower Center [Native Plants Database](#)

Key to Wildlife Details:

	Plant provides place for wildlife to rest or nest, often evergreen leaves or needles		Keystone species supporting butterflies, moths, and/or pollinator specialist bees critical to maintaining a healthy ecosystem
	Host plant to butterfly and/or moth species supporting their caterpillars		Foliage eaten by butterfly and/or moth caterpillars as food source necessary for survival
	Plant provides nectar and/or pollen as a food source		Nectar used by adult butterflies and/or moths
	Tolerates full sun 6+ hours of sun		Pollen used by bees
	Tolerates part shade 2-6 hours of sun		Nectar used by hummingbirds
	Tolerates full shade <2 hours of sun		Seeds or fruits used by birds and/or plant provides nesting or cover to birds
			Seeds or fruits used by small mammals